

# The Way of the Shaman®

The Shamanic Journey, Power and Healing



The Basic Workshop with  
**Timothy Cope**

Minneapolis, Minnesota  
January 21-22, 2012

*rattle and drum journeys*

During this experiential workshop participants are introduced to core shamanism, the universal and near-universal basic methods of the shaman to enter non-ordinary reality for problem solving, well-being and healing. Particular emphasis is put on the classic shamanic journey, one of the most remarkable visionary methods used by humanity to explore the hidden universe otherwise known mainly through myth and dream. Participants will learn how the journey is utilized to restore spiritual power and health and how shamanism can be applied in contemporary life to help heal oneself, others, and the planet. Completion of this workshop qualifies participants to take more advanced workshops and training courses from the Foundation for Shamanic Studies, the premier international school of shamanism founded by Michael Harner.

TIMOTHY COPE is a Twin Cities writer, storyteller, fire-walker and shamanic practitioner who has been exploring the shamanic path for over 28 years, principally under the

guidance of Michael Harner, Sandra Ingerman and Americo Yabar. He has been certified as a shamanic counselor by the Foundation for Shamanic Studies and been extensively trained in a wide range of shamanic techniques. For over 18 years, he has taught classes and facilitated drumming circles at Pathways, an alternative healing center in Minneapolis, and conducts a healing practice from his nearby home. Timothy is a faculty member of the Foundation for Shamanic Studies.

**When:** Saturday and Sunday,  
January 21-22, 2012; 10 a.m. to 6 p.m.

**Where:** 16 East 27th St.  
Minneapolis, MN 55408

**Workshop fee:** \$250

**Registration Deadline:** January 10, 2012

## To Register:

Please send a check or money order for \$250 payable to: E.B. Boatner ;

1811 Elliot Avenue South #8;  
Minneapolis, MN. 55404

Or to pay by credit card visit [www.paypal.com](http://www.paypal.com) and make your payment to [guylite@aol.com](mailto:guylite@aol.com)

Rattle and Drum Journeys reserves the right to cancel any of its workshops or training courses or the participation of anyone at any time for any reason. In such cases, fees paid in advance will be refunded.

If you cancel 30 days or more prior to the workshop, your fee, minus a \$20 administrative charge, will be refunded.

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City/State/Zip:** \_\_\_\_\_

**Day phone:** \_\_\_\_\_

**Evening Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

For more information contact Ethan Boatner at either [guylite@aol.com](mailto:guylite@aol.com) or 612-270-3993